

5

Summer Skin ISSUES SORTED

During the summer, various environmental factors and lifestyle habits can lead to a range of skin problems. Here are some common issues people often face and some awesome Annique Rooibos solutions.

PROBLEM & CAUSES

PREVENT IT

SOLUTIONS

Sunburn



Overexposure to the sun's UV rays accelerates skin ageing and increases the risk of skin cancer.

Hyperpigmentation



Increased sun exposure can cause dark spots, freckles, and uneven skin-tone. People with existing hyper pigmentation issues may find their condition worsening in the summer.

Essense Derma Protect SPF 20 30ml

- Broad-spectrum UVA and UVB protection.
- UVA rays can prematurely age your skin, causing wrinkling and age spots. UVB rays can burn your skin.
- Prevents ageing and skin problems like pigmentation
- Gentle formula – suited to all skin types



Provides triple protection against UVA and UVB damage

Soothes

Moisturises

Protects

ANNIQUE rooibos

OOPS, it has happened. Here's how to do damage control

Essense Liquid Skin Nutrition 100ml



- A multivitamin-enriched spray
- Contains essential nutrients that help to support the skin in its own natural healing and regeneration process
- Helps moisturise and support a healthy skin and soothe sunburn



In a pinch?

Rooibos helps to soothe sunburn! Bath in a lukewarm Rooibos-infused bath or spray Rooibos directly and repeatedly onto sunburnt skin

Essense Rooibos Miracle Tissue Oil 100ml



- The unique combination of nourishing plant oils like sweet almond, rosehip and baobab makes it highly effective for damaged skin.
- Rooibos-infused oil helps calm and revive skin
- Helps improve uneven skin-tone

PROBLEM & CAUSES

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SOLUTIONS

Premature Ageing



Prolonged sun exposure breaks down collagen and elastin fibers in the skin, leading to wrinkles, fine lines, and loss of skin elasticity.

SPOILER ALERT:



Proper and consistent sun protection will avoid skin problems like pigmentation and ageing later in life. Invest in your skin and reap the rewards!

Stay hydrated!

Drink a delicious Rooibos iced tea



Forever Young Anti-Ageing Serum 30ml



- Botanical stem cells help protect and rejuvenate skin stem cells, effectively combating ageing.
- Rooibos and Green Rooibos extracts provide powerful antioxidant protection and soothing care for a revitalised, youthful complexion.

Dehydration



High temperatures and increased sweating can strip the skin of moisture, leading to dryness, flakiness, and a dull complexion. Dehydrated skin can feel tight and uncomfortable.

MOISTURISER!

Our Top Picks:

- For dry and mature skin: Lucid Moisturiser 50ml
- Sensitiv: For dry, sensitive skin
- For normal, combination skin: Hydratine Moisturiser 50ml
- For oily to problem skin: Face Facts Moisturiser 50ml
- For normal skin: Rooibos Skin Moisturiser 50ml



Essense Moisture Masque 50ml



- Enriched with macadamia nut and sweet almond oil for their intensely moisturising and nourishing properties.
- Rooibos has potent anti-ageing, skin soothing and antioxidant properties

Acne and Breakouts



The combination of sweat, oil, and bacteria can lead to clogged pores and acne breakouts. The skin tends to produce more oil in the summer, which can exacerbate acne problems.

Essense Skin Detox 30ml



- Tiger's Herb clears out toxins, speeds up skin healing and enhances skin's elasticity
- Vitamins A and E regenerate skin

Essense Enzymatic Exfoliator 50ml



- A gentle, yet effective exfoliating formula
- Contains tropical fruit enzymes which gently exfoliates
- Helps to unclog pores and clear acne
- For optimal results, use twice a week.

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