

# Your Complete Guide to Choosing the

# Correct Daily SKIN CARE



Everyone wants clear, glowing skin, and with the multitude of skin care products available, choosing the right ones for your needs can be overwhelming.

Here we guide you through the essential factors to consider when selecting the correct skin care routine.



## 1

## Know Your Skin Type

Understanding your skin type is the first step towards choosing the correct skin care products. Skin types can generally be categorised as dry, oily, combination, or sensitive. Each skin type has different needs and requires specific ingredients to maintain its balance.

### Dry Skin Quiz

- Skin feels tight after cleansing
- Flaky/peeling skin
- Visible fine lines
- No visible pores



Two or more ticks mean you have dry skin.  
You need the Lucid Range.

### Combination Skin Quiz

- Dry cheeks
- Oily forehead, nose and chin
- Occasional enlarged pores
- Your make-up looks patchy
- Your skin gets more oily in summer and feels drier in winter



Two or more ticks mean you have combination skin.  
You need the Hydratine Range.

### Normal Skin Quiz

- Doesn't feel dry or oily
- No sensitivity
- Fine textured skin



Two or more ticks mean you have normal skin.  
You need the Rooibos Skin Range.

### Oily or Problem Skin Quiz

- Skin feels greasy
- Skin looks shiny
- Large visible pores
- Skin is prone to breakouts



Three or more ticks mean you have oily/problem skin.  
You need the Face Facts Range.

### Sensitive Skin Quiz

- Skin is red and inflamed
- Burning skin
- Dry skin
- Itchy skin
- Cannot use fragranced skin care products



Two or more ticks mean you have sensitive skin.  
You need Sensitive (for dry, sensitive skin) or Sensi Crème for normal to oily sensitive skin, plus the Lucid Cleanser and Freshener

# 2

## Consider Your Skin Concerns

Whether you are dealing with acne, pigmentation, signs of ageing, or uneven texture, there are targeted skin care products (Forever Young for ageing and Essense for treatment of skin concerns) available to tackle these issues.

Here are just a few:



**Uneven skin-tone:**

Essense Miracle Tissue Oil 125ml

**Acne:**

Essense Enzymatic Exfoliator 50ml

**Blackheads:**

Essense Skin Detox 30ml

**Fine lines around the eyes:**

Forever Young Eye Therapy 15ml



**Ageing:** Forever Young Revitalising Cream 50ml

**Wrinkles:** Forever Young Bo-Serum 30ml

Add the necessary products to your daily skin care routine to complete your AnniQue fabulous skin regimen.

# ANNIQUE rooibos



We have 52+ years of expertise



Our skin care lines are renowned for offering remarkable solutions tailored to different skin types



We were the first in the world to include Rooibos in health and beauty products. Rooibos provides remarkable benefits to the skin: it soothes, has anti-ageing benefits and is packed with skin-loving antioxidants



Our products are proudly manufactured locally, right here in South Africa



We have extensive knowledge and commitment to skincare



Our products make a difference in people's lives



We consistently deliver exceptional and effective products of the highest quality



We care for the environment