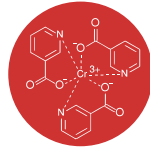


Chromium Picolinate 30 Tablets

Chromium is crucial mineral that helps to lower blood sugar. When blood sugar levels are high, the body produces more insulin to deal with this, which causes more calories to be stored as fat. Chromium might lessen cravings, hunger, and binge eating and assist getting rid of loose skin. It increases lean body mass and decrease percentage body fat.



Benefits:

Chromium enhances insulin sensitivity in the body – resulting in

Improved blood sugar

Reduced hunger and cravings

Helps to reduce the excess skin during rapid weight loss

Insulin is responsible for signalling the body to take glucose up in cells (to use for energy). In diabetes and other metabolic diseases, there is a problem with this signalling process, which leads to high blood sugar levels. High blood sugar mostly leads to weight gain and inability to lose weight and too much sugar in the blood for long periods of time can cause serious health problems if it's not treated and can increase the risk of heart disease and stroke, kidney disease, vision problems, and nerve problems.

Blood levels of chromium are lower in people with type 2 diabetes than in healthy individuals and many diabetics tend to be deficient in chromium, so supplementation for them is key.

Chromium helps to reduce excess skin during rapid weight reduction since it shrinks more slowly than the weight loss rate.

Who will benefit?

People who:

- want to lose weight
- are insulin resistant
- Want to maintain a healthy lifestyle
- Reduce the risk of joint problems
- Seek improved mental health
- Diabetics



DID YOU KNOW?

Not all forms of chromium are created equal! There are many different forms of chromium used in dietary supplements. Research has shown that chromium picolinate is, the most effective and best absorbed form of chromium.



Unique Selling Points:

- Affordable
- Easy to swallow
- Green Rooibos enhances absorption
- Vegan and vegetarian friendly
- Halaal certified