

Meta Boost 60 Capsules

Meta Boost is a unique herbal formula developed to naturally aid in weight loss, by boosting the body's metabolism. Metabolism is the body's process of converting food and drink into energy.



Key active ingredients:

Green Rooibos that is

- High in antioxidants
- Sugar and carbohydrate free
- Helps inhibit fat-storage hormones within the body. Rooibos's unique bioflavonoid, Aspalathin, helps to reduce stress hormones that trigger hunger and fat storage, typically associated with high blood pressure, heart disease, metabolic syndrome, insulin resistance and Type 2 diabetes.
- Helps with digestion
- Helps prevent cancer
- Helps prevent heart disease
- Protects the liver against disease
- Relieves allergies

Guggul is made from the sap (gum resin) of the Commiphora mukul tree, which is native to India. This tree has been used in traditional medicine for centuries. Today, guggul is used for arthritis, lowering high cholesterol, "hardening of the arteries" (atherosclerosis), acne and other skin diseases and weight loss. Guggul helps to naturally detoxify the body and regulate a optimal metabolism.

Cinnamon: Scientists have found that cinnamon extract helped increase brown fat in subcutaneous (fat layer under the skin) fat cells. This is good for people who battle with belly fat, because belly fat is unhealthy white fat. Cinnamon may help turn belly fat (white fat) into brown fat that can be used up to maintain body temperature and as energy. (Improved metabolism)

Fenugreek is a herb that is similar to clover and may suppress the appetite and increase feelings of fullness, which could help reduce overeating and lead to weight loss.

Chromium helps to lower blood sugar. When blood sugar levels are high, the body produces more insulin to deal with this, which causes more calories to be stored as fat. Chromium might lessen cravings, hunger, and binge eating and assist getting rid of loose skin. It increases lean body mass and decrease percentage body fat.

Green Tea extract aids in weight loss by making your body more effective in the process of burning calories for energy, which leads to better weight loss.



Benefits:

- Boosts your metabolism
- Helps manage your blood sugar
- Reduces cravings
- Converts white fat into the brown fat. Most of the fat in our bodies is white fat and it is used to store excess calories as fat. Brown fat can easily be used as energy, aiding in the weight loss process
- Promotes healthy digestion
- Suppresses the appetite
- Increases feelings of fullness
- Helps lower blood sugar in diabetics and can enhance the body's reaction to insulin

Who will benefit?

- People struggling to lose weight
- People who have cravings
- Especially older adults (40+)

Unique Selling Points:

- Natural, herbal formula
- Contains no stimulants
- Promotes general health in addition to weight loss benefits