# The GOOD Skin Guide Use this guide to help potential new clients figure out which products are most suited to their

### CONDITION

### DESCRIPTION

### **ANNIQUE'S SOLUTION**



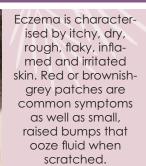
Comedome/Blackheads

Milia/Whiteheads





**Birthmarks** 



A comedome is a clogged hair follicle (pore) in the skin. Keratin (skin debris) combines with oil to block the follicle. Blackheads are open, which means no skin covers the comedome.

Much like blackheads, whiteheads are dilated pores that are plugged with keratin. Whiteheads are closed, meaning there is skin covering the comedome.

Acne occurs when hair follicles become clogged with dead skin cells and oil from the skin. If the clogged pore becomes infected with bacteria, it forms a pimple, which is a small red bump with pus at its tip. This is a common problem in oily skin.

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Birthmarks can be divided into two main categories: Vascular birthmarks (blood vessels that don't form properly) and pigmented birthmarks (the creation of pigment in skin caused by an overgrowth of cells).



Rooibos Tea Resque Crème . Rooibos & Hemp Body Crème Essense Sensi Crème OptiDerm OptiMega Essense Liquid Skin Nutrition **Skin Detox** 



 Rooibos Tea **Essense Skin** Detox Essense Liquid Skin Nutrition OptiDerm Face Facts Spotless Essense Enzymatic Exfoliato



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LIQUID SKIN

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Green Rooibos

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To prevent further pigmentation, the Essense **Derma Protect** SPF 20 must be used daily

ANNIQUE rooibos



### Skin Imperfections and How to Treat Them

skin challenges. As a bonus, it is an easy, clear and concise training tool for new recruits.

### CONDITION

Warts

#### DESCRIPTION

### **ANNIQUE'S SOLUTION**

**Enlarged Pores Contact Dermatitis** Boils





Warts are skin growths on the top layer of the skin. It is caused by a virus called the human papillomavirus and usually enters the body through broken skin. Common warts mostly grow on the hands while plantar warts grow on the soles of the feet.

Most often, genetics determine who will have enlarged pores. Other causes for large pores can be oily skin, since excess oil sits around the skin's pores, making them appear enlarged. Oily and unclean skin can also cause oils to settle around the pores, making them appear larger as the skin around them thickens.

> Often referred to as a rash, your skin turns red, itchy and sensitive after it has come into contact with something. Other causes can be an allergic reaction or damage to the protective layer of the skin.

A boil can be described as the collection of ous that forms in the skin and is characterised as a firm, reddened bump that is tender. The skin around the bump is swollen and the bump itself may increase in size. On the bump is a pus-filled head, which could ooze, drain or weep spontaneously.

Vitiligo is caused by a loss of pigment in the skin, due to destruction of pigment-forming cells known as melanocytes.





 Rooibos Tea Essense Enzymatic Exfoliator **Forever Young** Revitalising Cream Forever Young Q10 Therapy • OptiC Essense Skin Detox



Rooibos Tea Resque Crème **Baby Body** Lotion Sensitiv Moisturiser OptiMega OptiDerm OptiFlora



• Rooibos Tea • Rooibos & Jasmine Tea Resque Crème **Resque Concentrate**  OptiDerm • OptiC Zerotox

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 Make a paste of Resque Crème and Zerotox. Apply and cover with a plaster.

 Rooibos Tea Miracle Tissue Oil Essense Derma Protect SPF 20 Forever Young Revitalising Cream OptiDerm OptiMega OptiCalMag Essense Enzymatic Exfoliator

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### CONDITION

Sensitive skin

Cold sores

Rosacea

Hyperpigmentation

Hypopigmentation

#### **DESCRIPTION**

### **ANNIQUE'S SOLUTION**

Skin feels uncomfortable and can appear inflamed, has red patches, is dry and will burn on occasion. Sensitive skin can be caused by a multitude of things, including household products and cosmetics.

> These inflamed blisters in or near the mouth are caused by infection with the herpes simplex virus.

Rosacea is a common skin disease that causes redness around the mouth, nose, cheeks, chin and forehead.

Hyperpigmentation is characterised by the dark ening of an area of skin caused by the overproduction of a pigment in the skin known as melanin.

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Hypopigmentation is the absence of normal amounts of melanin (the chemical that gives skin its colour) caused by disease, injury, burns or other trauma to the skin.



 Rooibos Tea

 Sensitiv
 Moisturiser
 Resque
 Crème

 OptiMega
 OptiDerm
 Essense
 Sensi-Crème



Rooibos Tea

 Resque
 Concentrate
 Resque Mist
 Face Facts
 Spottess
 Zerotox
 Resque
 Crème



Rooibos Tea • Rooibos & Jasmin Tea • Resque Crème • Miracle Tissue Oil • Sensi Crème • Sensitiv Moisturiser • OptiDerm • OptiMega

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Rooibos Tea
 Essense Enzymatic
 Exfoliator
 Miracle Tissue
 Oil Pigmentation
 Treatment
 Miracle Tissue Oil
 Essense Derma
 Protect SPF 20
 Essense Skin Detox
Annique Foundation

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