

# SLAY your Night

Great skin is not simply a matter of DNA — your daily habits significantly impact

At night the metabolism of the cells close to the surface of your skin accelerates, and night creams are formulated differently to utilise this increased blood and oxygen supply during the night.

Fresheners, used mornings and evenings after applying all your other Annique skin treatment products, help maintain skin hydration and improve skin texture.



Harness the power of sleep time skin care with our go-to-guide for night creams and fresheners



## Routine rocks!

The three main steps of any skin care regime are cleansing, moisturising and using a freshener last. But the true benefit lies in a consistent routine. There is no quick fix; the goal is to fine-tune your complexion and troubleshoot or target any problem areas. As your skin needs shift with age, so will the products you need and use.

# 1



Product

Rooibos Skin Night Cream



Skin Type

Normal skin



# 2



Product

Lucid Night Cream



Skin Type

Dry Dehydrated Mature Sensitive Skin



# 3



Product

Hydratine Night Cream



Skin Type

Normal/Combination Skin



# time Skin Routine!

what you see in the mirror and choosing which products to use can be confusing.



## Benefit

- Rich in antioxidants
- Has a soothing effect
- Lightly moisturises and nourishes skin at night



## Did you know?

Contains vitamin E to assist the skin's own natural repair processes.



## Superpower

Rooibos soothes irritation caused by skin dryness.

Green Rooibos has anti-viral, anti-fungal and antibacterial properties.

## Use with



Use the freshener best suited to your skin type



## Rooibos REVIVES!

All of Annique's skin care products contain antioxidant-packed Rooibos for it's soothing and rejuvenating benefits.



## Benefit

Nourishes and moisturises skin at night.



## Did you know?

Improves the skin's moisture levels and repairs and protects against moisture loss.



## Superpower

AquaVital+ immediately and lastingly improves the hydration level of the skin's outermost layer.

## Use with



The Lucid Freshener is an innovative, hydrating antioxidant freshener and is enriched with anti-ageing inca omega oil.



## Benefit

Balances, moisturises and conditions normal and combination skin at night.



## Did you know?

With deep penetrating action, your skin feels dewy, moist and smooth the following day.



## Superpower

Marinematt, an intelligent active ingredient, absorbs excess sebum on the skin's surface to reduce shine and balance your skin.

## Use with



Annique Hydrafine Freshener helps to restore the pH balance of the skin and cools, calms and soothes skin while controlling dryness and oiliness to help prevent irritation and breakouts.



## Top Tips



Apply night cream and fresheners at least 20 minutes before bedtime to allow the active ingredients time to soak into your skin before your head hits the pillow.



After cleansing, lightly dab on a generous amount of night cream using clean fingertips.



Fresheners, utilised as the final part of your Annique skin care routine, can be used throughout the day to balance, hydrate and control oiliness.



## Remember!

Time and consistency are the key elements! Most skin care routines take a while before you start seeing the benefits. A consistent nighttime beauty routine will show results faster.

ANNIQUE rooibos