

NEW and IMPROVED

500g (30-Day Supply)



Macro Nutrient Content	New Shake	Contribution to Total formula	Previous Shake	Contribution to Total formula	Difference
Protein	2.5	17%	1.9	13%	32%
Carbohydrates	4.7	31%	10.2	68%	-54%
Fat	5.4	36%	0.6	4%	8 times more
Fibre	1.1	7%	1.1	7%	-

Stevia is one of the best low-glycemic sweeteners around. It is derived from the stevia plant leaves and is 40 times sweeter than sugar. It is a highly effective alternative to a healthy lifestyle. It also helps with the digestion of lactose (in dairy products).

Vitamin and mineral composition

NUTRITIONAL INFORMATION	Unit	New Shake Per 15g	Current Shake per 15g	Difference
VITAMINS				
Vitamin A	IU	599,4	76,65	522,75
Vitamin C	mg	20	15	5
Vitamin D	IU	120	0,5	119,5
Vitamin E	IU	3	2,75	0,25
Vitamin B1 (Thiamine)	mg	0,24	0,1	0,14
Vitamin B2 (Riboflavin)	mg	0,26	0,15	0,11
Vitamin B6 (Pyridoxine)	mg	0,34	0,25	0,09
Folic Acid (Vitamin B9)	mg	80	40,5	39,5
Vitamin B12	µg	0,48	0,4	0,08
Biotin (Vitamin B7)	mg	6	97,5	91,5
Pantothenic Acid (Vitamin B5)	mg	1		1
Nicotinamide (Vitamin B3)	mg	3,2	3,15	0,05
Vitamin D 3	IU	3,2	0,85	2,35
Vitamin K	µg	24	0	24
MINERALS				
Calcium	mg	28,2		28,2
Phosphorus	mg	7,9		7,9
Potassium	mg	8,8		8,8
Chromium	µg	4	1,5	2,5
Copper	mg	0,1	0,05	0,05
Iodine	µg	30	5,4	24,6
Iron	µg	3,6	1062	-1058,4
Manganese	µg	460	465	-5
Selenium	µg	11	16,5	-5,5
Zinc	µg	4	0,2	3,8

Unique Selling Points



One month's supply



Free from nuts



Free from wheat



Free from MSG



Trans fat free



Gluten-free



Preservative free



No added sugar



Free of potentially harmful artificial sweeteners



Unique formula with Rooibos for its health-promoting properties



Halaal

TEAR OFF TO OPEN • TEAR OFF TO OPEN • TEAR OFF TO OPEN • TEAR OFF TO OPEN

The NEW Vanilla Lifestyle Shake 500g will launch in July 2023.

R549
LSLSS23002

ANNIQUE
rooibos

LIFESTYLE SHAKE

Lifestyle supportive
vitamin and mineral
food supplement



30
DAYS SUPPLY

Vanilla
Flavour

500 g 17.6 oz

NEW

23
VITAMINS &
MINERALS

PRESERVATIVE
FREE

GLUTEN
FREE

5 | June 2023