

# FEELING OUT OF WHACK?

It's not you, it could be your thyroid!

NEW



DO  
YOU  
HAVE?

- Unexplained weight gain or weight loss?
- Fatigue?
- Brain fog?
- Anxiety?
- Hormonal imbalance?
- Insulin resistance?
- Metabolic syndrome?



YOUR  
THYROID  
COULD  
BE THE  
CAUSE!

Get your thyroid back on track with the Annique Thyroid Support supplement. Made with Rooibos, minerals, vitamin B12 and natural plant extracts like kelp, it may restore and maintain healthy thyroid function.

ELDERLY

WOMEN

TEENAGERS

MEN

INFANTS

THYROID  
DISEASE  
CAN AFFECT  
ANYONE

Thyroid disease can be present at birth (typically hypothyroidism) and it can develop as you age (often after menopause in women).

It is also common to develop thyroid dysfunction in puberty.

DISEASES  
AND  
DISORDERS  
OF THE  
THYROID

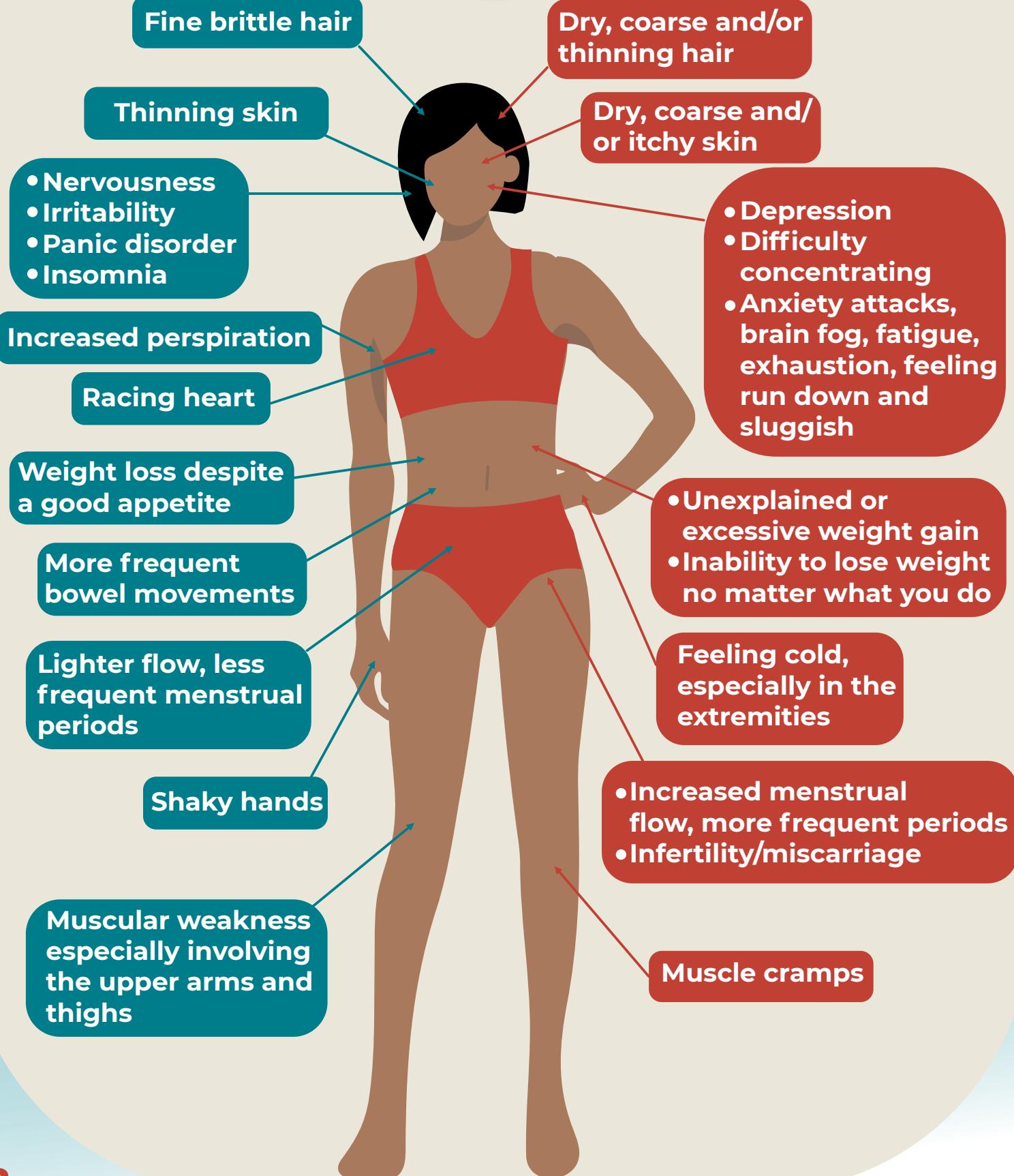
There are many diseases and disorders associated with the thyroid. These diseases and disorders can develop at any age and can result from a variety of causes —injury, disease, dietary deficiency and/or sensitivities/intolerance to gluten or dairy. They may develop as we age. The most common cause of an underactive thyroid is the autoimmune response called Hashimoto's. The overactive form is called Grave's disease.

These are diagnosed with a blood test for thyroid antibodies. Other causes of a dysfunctional thyroid include iodine and/or selenium deficiency as well as benign or malignant growths on the gland. The liver is also involved in maintaining a healthy thyroid.

## HYPERTHYROIDISM SYMPTOMS (overactive thyroid)

Thyroid disorders can manifest as a result of either an overactive or underactive thyroid

## HYPOTHYROIDISM SYMPTOMS (underactive thyroid)



# FAQ



## Q What is a thyroid test?

A A thyroid test is a blood test that checks the levels of certain hormones – often TSH, T3, T4, TBG.

**IMPORTANT:** A negative blood result does not exclude thyroid dysfunction. This is called sub-clinical thyroid dysfunction. In this case it is essential to use Thyroid Support as it could prevent full-blown thyroid disease.

## Q How long does it take before Thyroid Support starts working?

A It depends on the cause of the condition. If the problem is due to deficiencies, you can expect the first signs of improvement within 21 days. If you do not notice any improvement, do the following:

1. Do a body detox and avoid gluten and dairy.
  2. Combine OptiFlora with your Thyroid Support.
  3. Use at least OptiFlora and OptiVite every day for at least 3 months.
  4. Take 2 Thyroid Support capsules in the morning 30 minutes before breakfast. Keep your capsules next to your bed and take them immediately after waking, before you start your day.
- Safety in pregnant and breastfeeding women has not been established.

## Q Can I use the Thyroid Support when I am on chronic medication for overactive or under active thyroid?

A Please consult your healthcare practitioner before taking this supplement if you are taking medication for thyroid problems.

## Q Can I use Thyroid Support if I am allergic to iodine?

A Iodine allergy can be very serious. Please consult your healthcare practitioner before taking this supplement if you are allergic to iodine.

## B12

### Vitamin B12

Deficiency is related to underactive-thyroid and worsens it. Unfortunately, both deficiencies can go unnoticed and they can be difficult to diagnose.



### Zinc

Required for thyroid hormone production. It helps protect the thyroid from damage caused by oxidative stress.



### Selenium

Needed for many different Enzymes. It is an essential component of thyroxine, arguably the most important hormone in the thyroid gland.

### Copper

Plays an important role in thyroid hormone manufacturing and absorption.



### Kelp

Your thyroid requires iodine (in kelp) to function properly. Your body does not manufacture iodine, so it's important to get it through your diet.

Iodine deficiency is the leading cause of hypothyroidism. It has four important functions in your body: stabilization of metabolism and body weight, brain development in children, fertility and optimization of your immune system



### Molybdenum

A crucial trace mineral that interacts with enzymatic systems to influence overall wellbeing and carbohydrate metabolism.



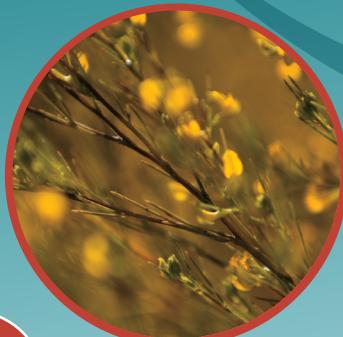
### L-Tyrosine

An amino acid that plays a critical role in the manufacturing of thyroid and other hormones.



### Rhodiola rosea

Also known as 'golden rod', is an adaptogen herb with tremendous fat burning, energy enhancing and brain boosting power.



Improves thyroid function by:

- Supporting adrenal glands/adrenal function
- Reducing anxiety and depression
- Combating effects of stress
- Burning body fat
- Stabilizing blood sugar
- Lowering cholesterol
- Boosting immunity

**Ashwagandha** - An adaptogen herb that has shown incredible results in lowering cortisol and balancing thyroid hormones.

**Guggul** - Proven to promote weight loss and balance thyroid function.

**Green Rooibos** - Adds antioxidants and aids in absorption.

# BENEFITS

- Supports healthy synthesis of thyroid hormones.
- Assists with hormone metabolism, which can be negatively affected by stress or poor diet.
- Supports the conversion of thyroxine (T4) to triiodothyronine (T3), an essential function of the thyroid gland.
- Features Rhodiola rosea extract, which may support a healthy response to mild, everyday stress and may help relieve stress-related fatigue.
- Enhanced energy levels.



## USE WITH



OptiFlora



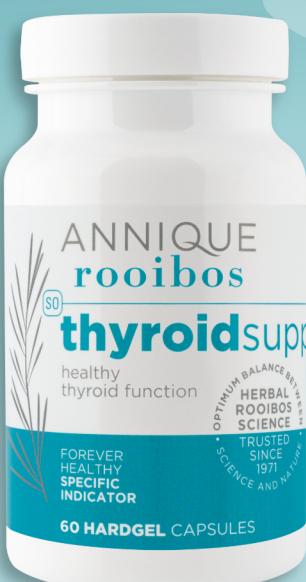
OptiVite



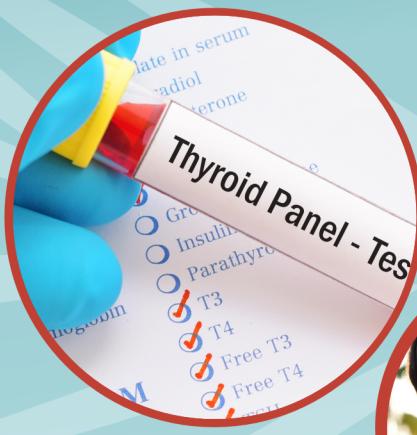
Lifestyle Shake



OptiFlora +



Thyroid Support  
60 Capsules  
AE/08292/22



**Allergen Warning:** Contains iodine – do not use if you are allergic to iodine. However, this product contains organic iodine and much less than what is present in chemical iodate table salt.