



Green Superfood to Lower Cholesterol

Annique's Superfood Strategy

Over the past few months, Annique has been launching a variety of new superfood supplements:

- White:** Natural antibiotic
- Yellow:** Chronic inflammation
- Purple:** Blood pressure and cholesterol
- Brown:** Adrenal support

The strategy is to have a 'rainbow' of superfood supplements, each one with its own unique benefits. Superfoods contain antioxidants that are critical in fighting ageing and disease. Variety is key when it comes to antioxidant supplementation.



Green Superfood

Superfood
/'su:pəfu:d/
noun
plural noun: superfoods

The term 'superfood' is used to define food items that have high levels of particular nutrients (antioxidants, vitamins, or minerals) and extra health benefits. The high vitamin and mineral content found in superfoods can help your body ward off diseases and keep you healthier. When incorporated into a capsule these superfood capsules can promote many health challenges like heart health, weight loss, energy levels, inflammation, cholesterol and can even reduce the effects of ageing.



We are not always able to eat our 10 vegetables and fruits daily, often leaving us lacking the nutrients we need from vital plant sources. Supplementation makes these nutrients more accessible, allowing us to be healthier and happier.

We are now proud to introduce the latest edition which is the Superfood Green

Did You Know?



Green powders can be a great way to supplement a healthy diet with a boost of extra vitamins and antioxidants.

KEY ACTIVE INGREDIENTS:

	Moringa	Spirulina	Grapeseed extract	Rhodiola rosea extract	Ashwa gandra	Kale extract	Green Rooibos
Helps lower cholesterol	✓	✓					
Powerful antioxidants	✓	✓	✓	✓	✓	✓	✓
Anti-inflammatory		✓		✓	✓	✓	✓
Protects the liver	✓						
Aids in digestive disorders	✓	✓					
Supports wound healing	✓		✓				
Supports skin health	✓						
Supports kidneys	✓		✓				
Improves eye health	✓						
May aid in weight management	✓	✓	✓	✓	✓	✓	✓
Lowers cholesterol		✓			✓	✓	✓
Anti-ageing			✓			✓	✓
Improves brain health			✓				

From what age can you take it?
People 18 years and older

What is it?

Green Superfood is a plant-based blend of 7 mostly green vegetables. This formula has been designed to help you lower your cholesterol levels and provide powerful antioxidants.

What does it do?

- May help reduce "bad" LDL levels
- Helps with arterial health
- Lowers triglyceride levels

Who can use it?
Safety during pregnancy or lactation has not been established



When should I take it?
Take one in the morning